

Personal Challenge Ideas for Scouts

This is a list of over 100 possible personal challenges for young people to complete. Please let us know if you have any of your own to add to the list.

Memory & Organisation

- Organise a small fundraising event for the group or local charity.
- Keep your bedroom tidy for a minimum of a month.
- Be responsible for packing/unpacking equipment from the QM store for 3 camps.
- Be responsible for recording the register at Scouts for a term.
- Successfully grow a plant from seed
- Take your dog for a walk every day for two weeks, even if it's raining
- Take home a stuffed toy and remember to bring it to scouts every week for a term
- Learn and Recite the NATO phonetic alphabet.
- Find out an interesting fact to tell the Scout troop every week for a term
- Learn a topic and to tell a different scout every week what they have learnt and remembered about that chosen topic – (Submitted by 3rd Bristol)
- Research about another scout troop near or far – Find out their history, what activities they enjoy and some similarities and differences.
- Organise a 5-a-side football tournament.
- Create a guide book of local attractions which could be given to visitors.
- Organise and run a treasure hunt using codes as clues.
- Organise cards for upcoming birthdays in the scout group. Then get everyone to sign the cards.

Resilience

- Make a commitment to improve something you already do such as playing a musical instrument.
- Take part in a school performance – and invite the scouts!
- Reach a target grade in a school subject you find hard.
- Make a commitment to try a new activity and follow it up with a talk back to the troop
- Overcome a fear of phobia
- Earn a spot on a sports team for a term
- Achieve 100% attendance at scouts or school for a whole term.
- Complete a Responsible Pet Ownership Programme (E.g. [Kennel Club](#), [Blue Cross](#))
- Complete the [Rookie Lifeguard Programme](#)
- Create a project using the BBC microbit - [Here's an idea](#)

Personal Challenge Ideas for Scouts

- Show perseverance by attending regular revision lessons for a subject you find hard at school.
- Learn some basic phrases in a foreign language which is new to you. Follow up by teaching it back to the troop.
- Set up a recycling program at the Scout HQ, home or school.
- Sign up and take part in a half term sports tournament.
- Attend rehearsals for a school play or something similar over at least a term
- Enter the [Sun Flower Challenge](#) and record its growth.
- Build and programme a DIY robot such as the [M-Bot](#).
- Achieve a [beginner's radio transmitting licence](#).
- Organise and take part in a sponsored walk.
- Complete a basic First Aid Course
- Learn to Kayak and complete your Paddle sport Passport.
- Undertake a successful grading exam in a martial art
- Overcome handwriting difficulties.
- Complete a continuous one hour run for charity.

Initiative

- Learn a new skill and demonstrate it to the troop
- Make a commitment to volunteer for an event
- Try something new that you have put off trying before
- Take your dog for a walk every day for two weeks, even if it's raining
- Help clear up after a scout event
- Create a memory game to help students remember key facts about a topic
- Create a poster publicising the work of a chosen charity, or charitable initiative, such as Sport Relief
- Create a recipe book with your peers to introduce people to healthy cooking
- Create a resource for a sport, activity or game you do at Scouts, including the rules and scoring systems
- Create a traditional meal from a country of your choice and share it with your peers to encourage them to learn more about the country
- Create an anti-bullying campaign for your troop, including a video to be shown to others when they join.
- Create and design a set of Christmas cards that can be sold at a Christmas fair with any profit being donated to charity.
- Create and develop a personal fitness plan including top tips for leading a healthy lifestyle
- Create and promote a road safety campaign in your Scout Group. Visit your Beaver and Cub sections to show them how to keep safe.
- Sign up and take part in a Makaton Course to learn Sign Language
- Participate in a gardening project to improve the grounds at your HQ
- Set up a new business with only £30 and make a profit.

Personal Challenge Ideas for Scouts

- Visit a museum /art gallery with your family, and share your experiences with peers afterwards
- Set up a new business with only £10 and make a profit (as part of the Tenner.org.uk competition)
- Volunteer to assist a younger sibling with a number of school projects over the course of a term, and present back to your class about what you learnt.
- Volunteer to be involved in a community fair/carnival/celebration
- Volunteer to come into scouts or your school early on a regular basis to help a teacher set up for the day
- Volunteer to help Cubs when they visit on Induction Day
- Volunteer to lead a food collection for charity
- Volunteer with the elderly at a care home
- Volunteer to do litter picking with a small group in the community
- Volunteer to go shopping for a senior citizen in the community
- Train your dog and then enter your dog in a local dog show
- Volunteer to regularly mow the lawn of an elderly or disabled friend or relative

Being helpful

- Take part in a local litter pick in your community.
- Invite a friend from school to try Scouts.
- Take a neighbour's dog for a walk on a regular basis.
- Help an elderly member of your family with their chores or shopping.
- Put on a bake-sale to raise funds for the troop.
- Run a stall at a school fayre.
- Fundraise some money to pay for a camp. How about baking some cookies and selling them to your neighbours?
- Take your dog for a walk every day for two weeks, even if it's raining.
- Take on extra chores at home and complete them every week for at least a month.

Communication

- Contribute an article to the district website/newsletter
- Perform in a scout or school production
- Bring in 3 interesting objects from the forest and tell the troop about them.
- Produce a short film outlining the importance of road safety (or other topic)
- Design a guide to the library for new students
- Design a new noticeboard for Advanced EAL pupils.
- Design a healthy and varied menu for a family of four to a set budget
- Design a case study of a local place of geographical interest

Personal Challenge Ideas for Scouts

- Design a poster in your taught language to advertise your current topic of study
- Design a wall display using the photos taken from a school field trip
- Assist in the organisation of a sports tournament, taking on a specific role
- Organise a Clean for the Queen litter pick in your town or village
- Organise a collection for charity in which donations are collected from members of the public then sent to the charity as part of a larger fundraising event
- Organise a competition for your class to carry out
- Organise a Shoe box appeal in your class/form
- Organise for birthday bunting for every student's birthday in your form, for a term
- Organise and run a stall at a school summer/winter fair
- Conduct a demonstration on how to use a piece of classroom equipment safely in a DT or Science lesson
- Compile the register monitor rota
- Compile a series of entries for the year group's joke book
- Organise the collection of data from the school's weather station
- Organise the care of a neighbour's garden and dustbins while they are away
- Organise the teams and order of play for an inter-house/enter-form sports competition/sports day
- Create an online blog to showcase your work and the work of your peers in Art
- Volunteer to help someone in your community with their garden or allotment

Cooking

- Cook a 3 course meal at home for your family.
- Successfully lead a whole day of cooking on camp.
- Cook a pudding at home to share with the whole troop.
- Bake some cookies and sell them to your neighbours to raise some money.

Physical activities & Sport

- Coach our sports team at a district competition
- Take part in your local Park Run for a month (or other 5km run).
- Join a School sports club.
- Improve your swimming. Set a goal and beat it.

Personal Challenge Ideas for Scouts

Creative

- Create a model using a kit and show it to the group.
- Paint a picture.
- Write a song
- Make a set of survival bracelets for your patrol
- Enter a national design or creative competition e.g. National Geographic Design Competition

Leadership

- Help a new Scout complete their welcome pack
- Talk about a topic you are interested in in front of the troop
- Coach our sports team at a district competition
- Lead a series of activities at Scout meeting or on a camp.
- Conduct a survey about outdoor interests, analyse the results and present it back to your troop
- Deliver a presentation at a Primary School about an area of interest
- Be reading mentor for a younger sibling or student in school for at least a term
- Lead a weekly News Quiz at flag break, for a term
- Lead a group well-being session e.g. a yoga session
- Take responsibility for refereeing a sports match

Behaviour

- Make a commitment to improve your behaviour at School, Home and Scouts. After 1 month provide a written statement from a teacher, parent and leader

More

- Learn how to tell the time using an analogue clock – So many kids don't know this!
- Learn to tie your shoelaces